

-Introduction

Reservations required

This is a free trial tour.

It will be held just 16 times between January 21st and February 4th, 2019

at the Old Mitsui Family Shimogamo Villa, which is located south of Shimogamo-jinja Shrine

(The Mitsui family is one of the famous Japanese financial conglomerates).

You can choose from programs in the morning, afternoon, and evening.

You will enjoy Yoga at the villa with a local instructor.

Before the yoga experience, you will take a walk around Shimogamo-jinja Shrine as a warm-up.

Please feel free to reserve a spot! You will definitely have a fantastic experience.

-Tour Schedule

January	9:30~	13:00~	16:30~
21th (Mon.)	/	/	
22nd (Tue.)	/	/	
25th (Fri.)		/	/
27th (Sun.)	/	✓	
28th (Mon.)	/	/	
29th (Tue.)		✓	✓
31st (Thur.)			✓
February	9:30~	13:00~	16:30~
4th (Mon.)	/	/	

-Time Schedule (2 hours)

- -0:00 Meetup @2nd floor of Mitsui Shimogamo Villa
- -0:20 Head to Shimogamo Shrine and Tadasu no mori Forest
 - -Walking (Warm-up) and Visit the god of beauty
 - *We will leave on time, so please make sure to be there!
- -0:50 Back to the Mitsui Shimogamo Villa
- -1:00 Yoga lesson starts (1 hour)
- -2:00 Finish
- *As this is a trial tour,

we ask that all participants take 10 minutes at the end to fill out a survey.

-Caution

- Please reserve in advance by 20:00 on the previous day by e-mail, QR code, or telephone.
- Please bring warm yoga clothes, towels and drinks.
- First come, first served basis.
- Participants will be required to fill out a survey. We thank you for your cooperation.
- We will take photos during the tour, which will be used for the website and advertising.

-Access

- 1. Get off at Keihan Demachiyanagi Station Exit No.5.
- 2. Cross the first bridge. (Towards the west)
- 3. You will find a small park and a board saying "Shimogamo Jinja"
- 4. Turn right and go straight.
- 5. You will see a big Torii gate in front of you.
- 6. Shimogamo Villa (venue) is located on the left side of the Torii gate.
- 7. Tell your name to the staff at the entrance.
- 8. Enter and head to the 2nd floor. Your instructor will be waiting for you.

-Included

Villa entrance fee, yoga lesson, yoga mat rental



QR code, e-mail, OR telephone







Operated by

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